

SPACE STATION ASSEMBLY COMPLETE DAILY MENU

PROPOSED FOOD LIST

AS OF MARCH 1998

REFRIGERATED

Dairy

Cheese slices, American
Cream cheese
Sour cream

Fruits

Apple
Grapefruit
Kiwi
Orange
Plum

FROZEN

Entrees

Beef:

Beef, brisket, barbecued
Beef, enchilada w/ Spanish rice
Beef, fajita
Beef, patty
Beef, sirloin tips w/mushroom
Beef, steak, Bourbon
Beef, steak, teriyaki
Beef, stir fried
Beef, stroganoff w/noodle
Luncheon meat (ham, roast beef, turkey)
Meatloaf

Lamb:

Lamb, broiled

Poultry:

Chicken, baked
Chicken, enchilada w/ Spanish rice
Chicken, fajita
Chicken, grilled
Chicken, oven fried
Chicken, pot pie
Chicken, stir fried
Chicken, teriyaki
Duck, roasted
Turkey, breast, roasted, sliced

Pork:

Bacon
Bacon, Canadian
Ham, baked
Pork, chop, baked
Pork, sausage, patties
Pork, sweet and sour w/rice

Seafood:

Fish, baked
Fish, grilled (lemon butter & Italian herb)
Fish, sautéed
Lobster, broiled tails
Scallops, baked
Seafood, gumbo w/rice
Shrimp, cocktail
Shrimp, broiled
Tuna, noodle casserole

Eggs:

Egg, omelet, cheese
Egg, omelet, vegetable
Egg, omelet, ham
Egg, omelet, sausage
Egg, omelet, vegetable and ham
Egg, omelet, vegetable and sausage
Eggs, scrambled w/bacon and hash
browns
Eggs, scrambled w/sausage and hash
browns
Quiche, vegetable
Quiche, Lorraine

Pasta mixtures:

Cheese, manicotti w/tomato sauce
Lasagna, meat
Lasagna, vegetable w/ cream sauce
Lasagna, vegetable w/ tomato sauce
Noodles, stir fry
Spaghetti w/meat sauce
Spaghetti w/ tomato sauce
Tortellini w/tomato sauce, cheese
Pasta w/ sauce - Orzon (wild rice) & veg.
w/ sauce
Mafalda & veg. w/ sauce

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Other:

Egg rolls - chicken and vegetable
Enchilada, cheese w/ Spanish rice
Pizza, cheese
Pizza, meat
Pizza, vegetable
Pizza, supreme

Pasta:

Fettucine Alfredo
Macaroni and cheese
Spaghetti
Noodles, egg & Chinese
Pasta Accents/Pasta Secrets (variety)

Fruit

Apples, escalloped
Berry Medley (blueberries, strawberries, raspberries, etc.)
Fruit Medley (peaches, grapes, honeydew, pineapple, cantaloupe)
Tropical Medley (mango, papaya, etc.)
Strawberries, sliced

Rice:

Fried
Mexican/Spanish
White
Brown
Red beans & rice

Starchy vegetables

Soups

Beef, stew
Broccoli, cream of
Chicken, cream of
Chicken, noodle
Mushroom, cream of
Won ton

Corn, whole kernel
Potato, baked
Potatoes, escalloped or au gratin
Potatoes, oven fried
Potatoes, mashed
Yams, candied
Succotash
Squash corn casserole

Gravy (cream, brown, poultry)

Vegetables

Grains:

Bagel, plain
Biscuits
Bread, wheat/white
Cornbread
Dinner roll
Garlic bread
Muffin, blueberry & bran
Sandwich bun, wheat/white
Tortilla

Asparagus tips
Beans, green
Beans, green w/mushrooms
Broccoli
Broccoli w/ cheese sauce
Carrot coins
Cauliflower
Cauliflower w/ cheese sauce
Chinese vegetables, stir fry
Mushrooms, oven fried
Okra, oven fried
Peas
Spinach
Squash, acorn
Sugar snap peas
Sugar snap peas & carrots
Zucchini, spears, oven fried

Stuffing

Breakfast items:

Cinnamon roll
French toast
Pancakes, buttermilk
Pancakes, apple cinnamon
Waffles

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Guacamole

Cheese sauce
Olive oil sauce

Desserts

Cakes:

Angel food cake
Brownie, chocolate
Butterscotch bars
Lemon bars
Shortcake/Poundcake
Yellow cake with chocolate frosting

Dairy:

Ice cream, chocolate
Ice cream, strawberry
Ice cream, vanilla
Sherbet, rainbow
Sorbet
Yogurt, frozen (chocolate, strawberry,
vanilla)

Pies/Pastry:

Cheesecake, chocolate
Cheesecake, plain
Cobbler, peach
Pie, apple
Pie, coconut cream
Pie, pecan
Pie, pumpkin

Beverages

Apple juice
Grape juice
Grapefruit juice
Lemonade
Orange juice

Condiments

Margarine
Grated cheese

Cereals

Hot cereal:

Oatmeal
Cream of wheat
Grits

THERMOSTABILIZED Fruit

Applesauce
Fruit cocktail
Peaches
Pears
Pineapple

Salads

Chicken salad
Tuna salad
Turkey salad

Vegetable:

Bean salad, three
Potato salad, German
Sauerkraut

Soups

Chili
Clam chowder, Manhattan
Clam chowder, New England
Hot and sour
Miso, Japanese
Vegetable

Desserts

Pudding, Butterscotch
Pudding, Chocolate
Pudding, Lemon
Pudding, Tapioca
Pudding, Vanilla

Yogurt, fruit

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Condiments

Barbecue sauce
Catsup
Chile con queso
Cocktail sauce
Cranberry sauce
Dill pickle chips or relish
Dip, bean
Dip, onion
Dip, ranch
Honey
Horseradish sauce
Jelly/jam, assorted
Lemon juice
Mayonnaise
Mustard, Stadium
Mustard, hot Chinese
Mustard, deli style and/or Dijon
Peanut butter (chunky, creamy)
Picante sauce (mild, hot)
Sweet and sour sauce
Syrup, maple
Tobasco sauce
Tartar sauce

Beverages

Fruit juices:

Cranberry
Cranberry apple
Cranberry raspberry and/or other
cranberry varieties
Pineapple
Pineapple grapefruit
Tomato
V-8

Milk:

Skim
Low fat
Chocolate (low fat or skim)
Whole

NATURAL FORM

Fruit

Apples, dried
Apricots, dried
Peach, dried
Pear, dried
Prunes
Raisin
Trail mix

Grains

Animal crackers
Cereal, cold (10)
Chex mix
Crackers, saltines & butter
Baked chips, tortilla
Baked chips, potato
Pretzels, mini
Goldfish, cheddar
Teddy Grahams
Tortilla chips
Potato chips
Power bars
Rye Krisp, seasoned

Desserts

Cookies:

Butter
Chocolate chip
Fortune
Rice Krispies treat
Shortbread

Snacks

Beef jerky

Nuts:

Almonds
Cashews
Macadamia
Peanuts

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Candy:

- Candy coated chocolates
- Candy coated peanuts
- Lifesavers
- Gum (sugarfree)

EVA Food

- In-suit fruit bar

REHYDRATABLE

Beverages

- Apple cider
- Cherry drink
- Cocoa
- Coffee (assorted)
- Gatorade, assorted
- Grape drink
- Grapefruit drink
- Instant breakfast, Chocolate
- Instant breakfast, Vanilla
- Instant breakfast, Strawberry
- Orange drink
- Orange mango drink
- Orange pineapple drink
- Tea (assorted)
- Tropical punch